

**INDUSTRY INSIGHTS** 

### Healthcare Services Sector Update

September 2020



### **Q** Highlights

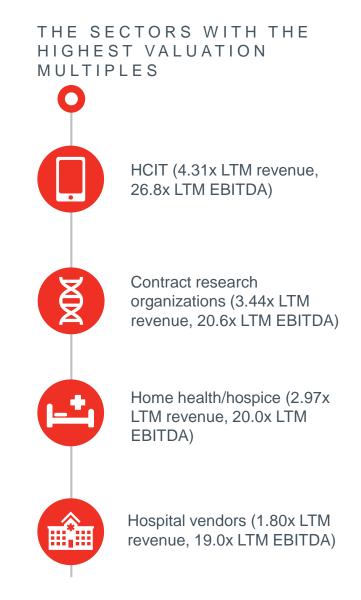
The **S&P Healthcare Services**Index decreased by 0.1% over the last month, compared to the S&P 500 Index, which decreased 4.6% over the same period.

### Over the past month:

The sectors that experienced the most growth were Behavioral Health (up 12.2%), Healthcare Staffing (up 8.7%) and Clinical Laboratories (up 6.5%).

The sectors that experienced the largest declines were Healthcare Consulting (down 11.0%), Assisted/Independent Living (down 8.7%) and Acute Care Hospitals (down 8.2%).

The current average Last Twelve Months (LTM) revenue and LTM EBITDA multiples for the healthcare services industry overall are 1.79x and 10.6x, respectively.



### Healthcare Services Sector Update...

| Market Sector                             | No. of Ag. Equity |                   | Average % Change |         | LTM Multiples |        | Earnings Ratio |       | PEG Ratio |
|---|-------------------|-------------------|------------------|---------|---------------|--------|----------------|-------|-----------|
|   | Companies         | Mkt. Value (\$mn) | 1 mo             | 12 mo   | Rev           | EBITDA | LTM            | 2020E | 2020E     |
| Providers                                 |                   |                   |                  |         |               |        |                |       |           |
| Acute Care Hospitals                      | 4                 | \$54,306          | (8.2%)           | (1.3%)  | 1.16x         | 9.0x   | 12.8x          | 9.7x  | 0.9x      |
| Assisted/Independent Living               | 3                 | 645               | (8.7%)           | (48.6%) | 1.38x         | 13.9x  | 4.2x           | 2.5x  | NM        |
| Behavioral Health                         | 3                 | 17,413            | 12.2%            | 1.7%    | 1.17x         | 12.1x  | 21.4x          | 14.3x | 1.5x      |
| Dialysis Services                         | 3                 | 34,083            | (0.2%)           | 31.7%   | 1.69x         | 9.6x   | 13.9x          | 12.5x | 1.1x      |
| Healthcare Staffing                       | 2                 | 2,991             | 8.7%             | (1.6%)  | 0.98x         | 13.8x  | 32.1x          | 33.3x | 3.5x      |
| Home Health/Hospice                       | 6                 | 25,901            | (1.5%)           | 54.8%   | 2.97x         | 20.0x  | 38.1x          | 34.0x | 2.9x      |
| Rehabilitation                            | 4                 | 10,611            | (1.2%)           | 4.7%    | 2.86x         | 15.4x  | 25.2x          | 28.4x | 2.2x      |
| Skilled Nursing                           | 3                 | 4,051             | (3.4%)           | 8.8%    | 1.17x         | 13.8x  | 18.0x          | 18.6x | 1.2x      |
| Providers – Other                         | 4                 | 3,246             | (1.5%)           | 55.9%   | 4.13x         | 14.3x  | NM             | 10.3x | 7.9x      |
| Payors/Managed Care                       |                   |                   |                  |         |               |        |                |       |           |
| Commercial Managed Care                   | 5                 | \$483,331         | (1.6%)           | 36.8%   | 2.48x         | 10.2x  | 14.3x          | 15.4x | 1.2x      |
| Government Managed Care                   | 2                 | 44,655            | (2.8%)           | 42.6%   | 0.51x         | 7.9x   | 16.4x          | 13.7x | 1.2x      |
| Specialty Managed Care                    | 2                 | 1,073,693         | (0.0%)           | (0.0%)  | 0.49x         | 7.4x   | 14.2x          | 12.8x | NM        |
| Consumer Directed Health/Wellness         | 5                 | \$7,038           | (5.1%)           | 11.7%   | 2.42x         | 15.6x  | NM             | 21.5x | 3.2x      |
| HCIT                                      | 26                | \$114,382         | 2.0%             | 127.8%  | 4.31x         | 26.8x  | 30.8x          | 24.5x | 2.3x      |
| Other Outsourced Services                 |                   |                   |                  |         |               |        |                |       |           |
| Care Management/Third-Party Administrator | 4                 | \$8,106           | (0.6%)           | (0.5%)  | 1.57x         | 13.8x  | 28.3x          | 17.9x | 0.8x      |
| Clinical Laboratories                     | 7                 | 52,105            | 6.5%             | 30.4%   | 2.78x         | 15.5x  | 25.4x          | 21.2x | 1.6x      |
| Contract Research Organizations           | 6                 | 76,366            | 0.5%             | 16.7%   | 3.44x         | 20.6x  | 33.6x          | 26.5x | 2.8x      |
| Hospital Vendors                          | 4                 | 7,484             | (1.7%)           | 16.6%   | 1.80x         | 19.0x  | 32.4x          | 30.3x | 2.7x      |
| Healthcare Consulting                     | 1                 | 848               | (11.0%)          | (35.9%) | 1.32x         | 11.5x  | NM             | 23.3x | NM        |
| Product                                   |                   |                   |                  |         |               |        |                |       |           |
| Distribution                              | 7                 | \$71,232          | (3.4%)           | 15.6%   | 0.66x         | 11.0x  | 18.6x          | 16.0x | 2.4x      |
| Healthcare REITS                          | 15                | \$79,831          | (4.3%)           | (29.1%) | 11.00x        | 16.8x  | 27.7x          | 36.8x | NM        |

### Healthcare Services Sector Update --

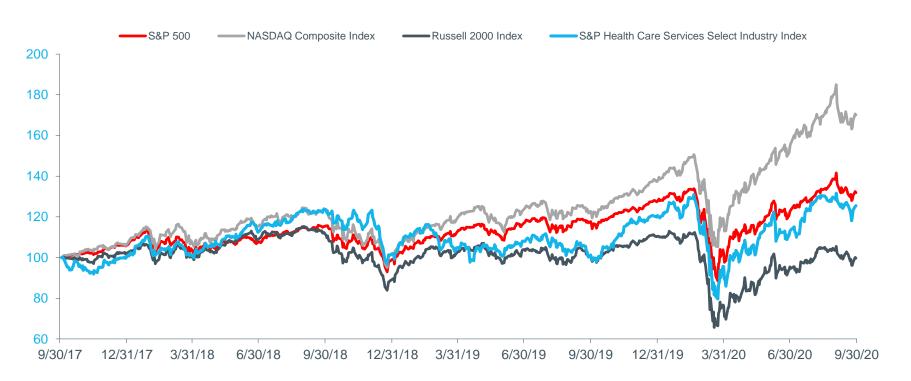
| Market Indian  | Value at  | % Change |         |        |       |  |
|--|-----------|----------|---------|--------|-------|--|
| Market Indices   | 9/30/2020 | 1 mo     | YTD     | 12 mo  | 36 mo |  |
| S&P 500  | 3,363.0   | (4.6%)   | 4.1%    | 13.0%  | 33.5% |  |
| NASDAQ Composite Index   | 11,167.5  | (6.5%)   | 24.5%   | 39.6%  | 71.9% |  |
| Russell 2000 Index   | 1,507.7   | (4.5%)   | (9.6%)  | (1.0%) | 1.1%  |  |
| S&P Composite 1500 Health Care Facilities (Sub Ind)            | 313.1     | (5.5%)   | (15.6%) | (1.2%) | 32.8% |  |
| S&P Composite 1500 Health Care Providers & Services (Industry) | 1,010.6   | (1.6%)   | (2.4%)  | 22.6%  | 32.0% |  |
| S&P Composite 1500 Managed Health Care (Sub Ind)               | 1,897.6   | (1.0%)   | 3.0%    | 38.3%  | 50.4% |  |
| S&P Health Care Services Select Industry Index                 | 11,793.2  | (0.1%)   | 6.3%    | 26.6%  | 29.4% |  |

| Interest Rates           | Value at<br>9/30/2020 | 1 mo<br>ago | 3 mo<br>ago | 12 mo<br>ago |
|--------------------------|-----------------------|-------------|-------------|--------------|
| LIBOR - USD - 6 months   | 0.26%                 | 0.30%       | 0.38%       | 2.06%        |
| U.S. Treasury - 2 years  | 0.13%                 | 0.13%       | 0.17%       | 1.56%        |
| U.S. Treasury - 5 years  | 0.28%                 | 0.25%       | 0.31%       | 1.50%        |
| U.S. Treasury - 10 years | 0.68%                 | 0.67%       | 0.68%       | 1.65%        |
| U.S. Treasury - 30 years | 1.45%                 | 1.42%       | 1.43%       | 2.11%        |
| U.S. Prime Rate          | 3.25%                 | 3.25%       | 3.25%       | 5.00%        |

| Capitalization Profile        | No. of | Ag. Equity<br>Mkt. Value | % Total<br>No. of Co's | % Ag. Equity<br>Mkt. Value | Average Stock Performance |         |         |         |
|-------------------------------|--------|--------------------------|------------------------|----------------------------|---------------------------|---------|---------|---------|
|                               | Co's   |                          |                        |                            | 1 mo                      | YTD     | 12 mo   | 36 mo   |
| > \$5 billion                 | 41     | \$1,000,871              | 35.3%                  | 90.2%                      | (0.5%)                    | 22.9%   | 42.8%   | 65.5%   |
| \$1 billion - \$5 billion     | 42     | 95,021                   | 36.2%                  | 8.6%                       | 0.9%                      | 9.7%    | 22.9%   | 32.9%   |
| \$250 million - \$1 billion   | 21     | 12,471                   | 18.1%                  | 1.1%                       | (6.4%)                    | (2.6%)  | 7.7%    | 37.1%   |
| \$100 million - \$250 million | 7      | 1,330                    | 6.0%                   | 0.1%                       | (7.0%)                    | (4.0%)  | 0.1%    | 0.7%    |
| < \$100 million               | 5      | 162                      | 4.3%                   | 0.0%                       | (10.5%)                   | (42.4%) | (34.5%) | (50.9%) |
| Total/Average (\$mn)          | 116    | \$1,109,855              | 100.0%                 | 100.0%                     | (4.7%)                    | (3.3%)  | 7.8%    | 17.1%   |

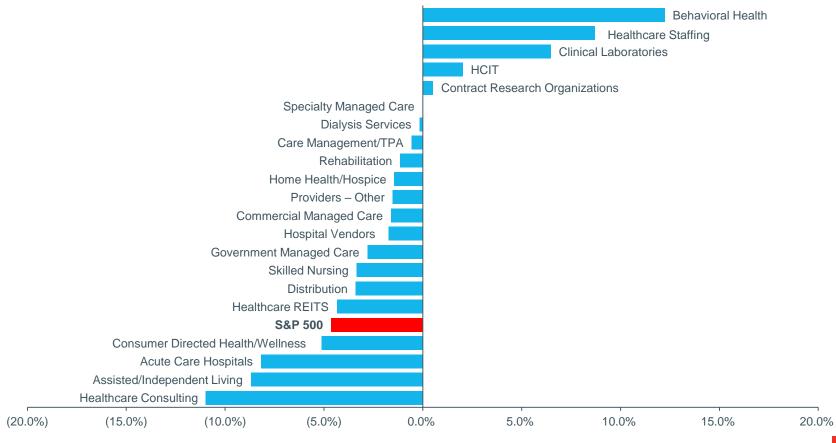
### Healthcare Services Market Performance

Performance of Market Indices for Last 36 Months



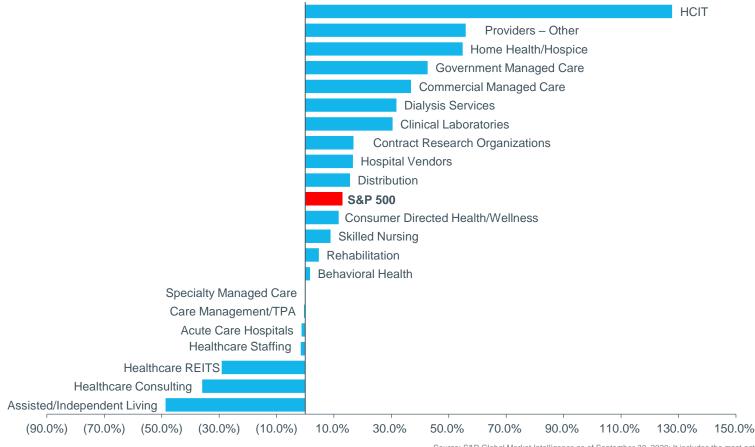
### Healthcare Services Sector Change ...

1 Month % Change



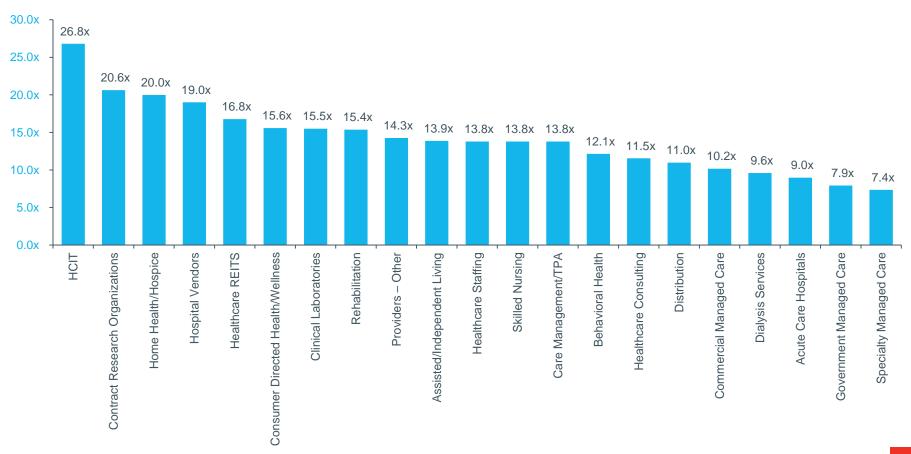
## Healthcare Services Sector Change ..

12 Month % Change



### Healthcare Services Multiples

### Overview of Subsector EV/LTM EBITDA



### Appendix | Selected Companies ...

### Acute Care Hospitals (4)

Community Health Systems, Inc. (NYSE:CYH), HCA Healthcare, Inc. (NYSE:HCA), Tenet Healthcare Corporation (NYSE:THC), Universal Health Services, Inc. (NYSE:UHS)

#### Assisted/Independent Living (3)

Brookdale Senior Living Inc. (NYSE:BKD), Capital Senior Living Corporation (NYSE:CSU), Five Star Senior Living Inc. (NASdaqCM:FVE)

### Behavioral Health (3)

Acadia Healthcare Company, Inc. (NasdaqGS:ACHC), Magellan Health, Inc. (NasdaqGS:MGLN), Oak Street Health, Inc. (NYSE:OSH)

#### Dialysis Services (3)

American Renal Associates Holdings, Inc. (NYSE:ARA), DaVita Inc. (NYSE:DVA), Fresenius Medical Care AG & Co. KGaA (DB:FME)

#### Healthcare Staffing (2)

AMN Healthcare Services, Inc. (NYSE:AMN), Cross Country Healthcare, Inc. (NasdagGS:CCRN)

### Home Health/Hospice (6)

Addus HomeCare Corporation (NasdaqGS:ADUS), Amedisys, Inc. (NasdaqGS:AMED), Chemed Corporation (NYSE:CHE), LHC Group, Inc. (NasdaqGS:LHCG), Pennant Group, Inc. (NasdaqGS:PNTG), The Providence Service Corporation (NasdaqGS:PRSC)

### Rehabilitation (4)

Encompass Health Corporation (NYSE:EHC), The Joint Corp. (NasdaqCM:JYNT), Select Medical Holdings Corporation (NYSE:SEM), U.S. Physical Therapy, Inc. (NYSE:USPH)

### Skilled Nursing (3)

Genesis Healthcare, Inc. (NYSE:GEN), National HealthCare Corporation (AMEX:NHC), The Ensign Group, Inc. (NasdagGS:ENSG)

### Providers - Other (4)

1Life Healthcare, Inc. (NasdagGS:ONEM), MEDNAX, Inc. (NYSE:MD), RadNet, Inc. (NasdagGM:RDNT), Surgery Partners, Inc. (NasdagGS:SGRY)

#### Commercial Managed Care (5)

Anthem, Inc. (NYSE:ANTM), Cigna Corporation (NYSE:CI), Humana Inc. (NYSE:HUM), Progyny, Inc. (NasdagGS:PGNY), UnitedHealth Group Incorporated (NYSE:UNH)

#### **Government Managed Care (2)**

Centene Corporation (NYSE:CNC), Molina Healthcare, Inc. (NYSE:MOH)

#### Specialty Managed Care (2)

Assurant, Inc. (NYSE:AIZ), Triple-S Management Corporation (NYSE:GTS)

### Appendix | Selected Companies ...

#### Consumer Directed Health and Wellness (5)

Benefitfocus, Inc. (NasdaqGM:BNFT), Castlight Health, Inc. (NYSE:CSLT), Fitbit, Inc. (NYSE:FIT), HealthEquity, Inc. (NasdaqGS:HQY), Tivity Health, Inc. (NasdaqGS:TVTY)

### HCIT (26)

Accolade, Inc. (NasdaqGS:ACCD), Allscripts Healthcare Solutions, Inc. (NasdaqGS:MDRX), American Well Corporation (NYSE:AMWL), Cerner Corporation (NasdaqGS:CERN), Change Healthcare Inc. (NasdaqGS:CHNG), Computer Programs and Systems, Inc. (NasdaqGS:CPSI), Craneware plc (AlM:CRW), Evolent Health, Inc. (NYSE:EVH), GoodRx Holdings, Inc. (NasdaqGS:GDRX), Health Catalyst, Inc. (NasdaqGS:HCAT), HealthStream, Inc. (NasdaqGS:HSTM), HMS Holdings Corp. (NasdaqGS:HMSY), Inovalon Holdings, Inc. (NasdaqGS:INOV), Livongo Health, Inc. (NasdaqGS:LVGO), Medica Group Plc (LSE:MGP), NantHealth, Inc. (NasdaqGS:NH), National Research Corporation (NasdaqGS:NRC), NextGen Healthcare, Inc. (NASDAQ:NXGN), Omnicell, Inc. (NasdaqGS:OMCL), OptimizeRx Corporation (NASDAQ:OPRX), Phreesia, Inc. (NYSE:PHR), Premier, Inc. (NasdaqGS:PINC), R1 RCM Inc. (NasdaqGS:RCM), Streamline Health Solutions, Inc. (NasdaqCM:STRM), Tabula Rasa HealthCare, Inc. (NasdaqGM:TRHC), Teladoc Health, Inc. (NYSE:TDOC)

### Care Management/TPA (4)

CorVel Corporation (NasdaqGS:CRVL), Crawford & Company (NYSE:CRD.B), eHealth, Inc. (NasdaqGS:EHTH), MAXIMUS, Inc. (NYSE:MMS)

### Clinical Laboratories (7)

Fulgent Genetics, Inc. (NasdaqGM:FLGT), Invitae Corporation (NYSE:NVTA), Laboratory Corporation of America Holdings (NYSE:LH), Progenity, Inc. (NasdaqGM:PROG), Psychemedics Corporation (NasdaqCM:PMD), Quest Diagnostics Incorporated (NYSE:DGX), Sonic Healthcare Limited (ASX:SHL)

### Contract Research Organizations (6)

Charles River Laboratories International, Inc. (NYSE:CRL), ICON Public Limited Company (NasdaqGS:ICLR), Syneos Health, Inc. (NasdaqGS:SYNH), PPD (NasdaqGS:PPD), PRA Health Sciences, Inc. (NasdaqGS:PRAH), IQVIA Holdings Inc. (NYSE:IQV)

#### Hospital Vendors (4)

American Shared Hospital Services (AMEX:AMS), Healthcare Services Group, Inc. (NasdagGS:HCSG), Sharps Compliance Corp. (NasdagCM:SMED), Stericycle, Inc. (NasdagGS:SRCL)

#### Healthcare Consulting (1)

Huron Consulting Group Inc. (NASDAQ:HURN)

### Distribution (7)

AdaptHealth Corp. (NasdaqCM:AHCO), AmerisourceBergen Corporation (NYSE:ABC), Cardinal Health, Inc. (NYSE:CAH), Henry Schein, Inc. (NasdaqGS:HSIC), McKesson Corporation (NYSE:MCK), Owens & Minor, Inc. (NYSE:OMI), Patterson Companies, Inc. (NasdaqGS:PDCO)

### Healthcare REITs (15)

CareTrust REIT, Inc. (NasdaqGS:CTRE), Community Healthcare Trust Incorporated (NYSE:HCT), Healthcare Realty Trust Incorporated (NYSE:HR), Healthcare Trust of America, Inc. (NYSE:HTA), LTC Properties, Inc. (NYSE:LTC), Medical Properties Trust, Inc. (NYSE:MPW), National Health Investors, Inc. (NYSE:NHI), New Senior Investment Group Inc. (NYSE:SNR), Omega Healthcare Investors, Inc. (NYSE:OHI), Physicians Realty Trust (NYSE:DOC), Sabra Health Care REIT, Inc. (NYSE:STR), Welltower Inc.

# For the detailed September trading multiples for individual healthcare services companies, please contact one of our professionals below.

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