

Protect, Restore and Maximize Value

INDUSTRY INSIGHTS

Healthcare Services Sector Update

December 2018



Q Highlights

The **S&P Healthcare Services** Index declined 16.4% over the last month, as compared to S&P 500, which declined 9.2% over the same period.

Over the past month:

The sectors experiencing the least amount of decline were Care Management (down 6.2%), Healthcare REITS (down 6.8%) and Healthcare Consulting (down 7.0%)

The poorest performing sectors were Consumer Directed Health / Wellness (down 24.0%), Dialysis Services (down 21.9%) and Assisted / Independent Living (down 21.4%)

The current average LTM revenue and LTM EBITDA multiples for the Healthcare Services industry overall are 2.04x and 13.9x respectively.



Healthcare Services Sector Update ..

Market Sector	# of	Ag. Equity	Average % Change		LTM Multiples		Earnings Ratio		PEG Ratio
	Co's	Mkt. Value	1 m o	12 m o	Rev	EBITDA	LTM	2018E	2018E
Providers									
Acute Care Hospitals	4	\$55,689	(14.8%)	32.8%	1.27x	10.3x	13.5x	12.0x	0.8x
Assisted / Independent Living	3	1,495	(21.4%)	(34.2%)	1.40x	13.1x	NM	NM	NM
Behavioral Health	3	3,683	(13.6%)	(29.2%)	1.05x	9.5x	11.7x	12.2x	1.0x
Dialysis Services	3	28,652	(21.9%)	(33.7%)	1.54x	8.2x	14.8x	16.7x	1.8x
Healthcare Staffing	2	2,921	(11.8%)	9.8%	0.93x	10.9x	13.7x	32.4x	2.3x
Home Health / Hospice	6	13,477	(9.9%)	57.3%	1.67x	17.7x	35.2x	26.7x	1.8x
Rehabilitation	4	9,594	(17.7%)	19.5%	2.60x	13.8x	14.3x	23.9x	1.9x
Skilled Nursing	4	3,358	(12.0%)	56.9%	0.82x	9.8x	23.1x	20.9x	1.4x
Providers - Other	3	3,892	(20.0%)	(30.9%)	1.60x	10.2x	8.9x	23.9x	1.7x
Total / Average	32	\$122,762	(15.9%)	5.4%	1.43x	11.5x	16.9x	21.1x	1.6x
Payors / Managed Care									
Commercial Managed Care	4	\$419,208	(11.9%)	10.5%	1.13x	13.3x	19.6x	17.3x	1.3x
Government Managed Care	3	42,826	(15.4%)	21.5%	0.43x	9.3x	26.6x	16.8x	1.1x
Specialty Managed Care	2	5,955	(8.1%)	(12.6%)	0.48x	8.8x	9.7x	15.4x	NM
Total / Average		\$467,989	(12.2%)	11.2%	0.68x	10.5x	18.6x	16.5x	1.2x
Consumer Directed Health / Wellness		\$8,814	(24.0%)	9.4%	3.81x	17.1x	18.5x	26.0x	1.2x
нсіт	20	\$49,185	(10.3%)	7.9%	3.97x	32.5x	30.6x	31.8x	2.1x
Other Outsourced Services									
Care Management / TPA	5	\$7,184	(6.2%)	10.2%	1.52x	15.9x	29.6x	24.1x	1.7x
Clinical Laboratories	6	32,607	(8.5%)	(13.8%)	2.52x	10.3x	14.2x	14.7x	2.1x
Contract Research Orgs	5	45,521	(12.1%)	11.4%	2.91x	15.8x	28.0x	19.5x	1.4x
Hospital Vendors	4	6,358	(19.3%)	(35.3%)	1.59x	23.3x	23.0x	18.1x	1.5x
Healthcare Consulting	2	2,134	(7.0%)	25.4%	1.31x	10.7x	14.6x	24.6x	1.8x
Total / Average	22	\$93,805	(10.8%)	(0.3%)	1.97x	15.2x	21.9x	20.2x	1.7x
Product									
Distribution	6	\$64,838	(14.5%)	(19.3%)	0.36x	9.2x	17.8x	11.4x	1.5x
Pharmacy Management	2	1,459	(12.0%)	(15.5%)	0.88x	18.6x	NM	16.8x	0.7x
Total / Average	8	\$66,297	(13.2%)	(17.4%)	0.62x	13.9x	17.8x	14.1x	1.1x
Healthcare REITS	16	\$98,897	(6.8%)	2.5%	11.07x	16.7x	21.8x	26.4x	18.1x

Healthcare Services Sector Update ..

Market Indices	Value at	% Change				
	12/31/2018	1 m o	YTD	12 m o	36 m o	
S&P 500	2,506.8	(9.2%)	(6.2%)	(6.2%)	22.6%	
NASDAQ Composite Index	6,635.3	(9.5%)	(3.9%)	(3.9%)	32.5%	
Russell 2000 Index	1,348.6	(12.0%)	(12.2%)	(12.2%)	18.7%	
S&P Composite 1500 Health Care Facilities (Sub Ind)	298.5	(16.0%)	23.9%	23.9%	33.2%	
S&P Composite 1500 Health Care Providers & Services (Industry)	880.6	(13.1%)	5.8%	5.8%	36.8%	
S&P Composite 1500 Managed Health Care (Sub Ind)	1,552.7	(12.3%)	10.3%	10.3%	85.4%	
S&P Health Care Services Select Industry Index	9,373.6	(16.4%)	2.4%	2.4%	9.5%	

Interest Rates	Value at	1 m o	3 m o	12 m o
	12/31/2018	ago	ago	ago
LIBOR - USD - 6 months	2.88%	2.89%	2.60%	1.84%
U.S. Treasury - 2 years	2.48%	2.80%	2.81%	1.89%
U.S. Treasury - 5 years	2.51%	2.85%	2.94%	2.19%
U.S. Treasury - 10 years	2.69%	3.02%	3.06%	2.41%
U.S. Treasury - 30 years	3.02%	3.31%	3.20%	2.74%
U.S. Prime Rate	5.50%	5.25%	5.25%	4.50%

	No. of	Ag. Equity	% Total	% Ag. Eqty	Average Stock Performance			
Capitalization Profile	Co's	Mkt. Value	No. of Co's	Mkt. Value	1 m o	YTD) 12 mo	36 m o
> \$5 billion	32	\$792,604	28.3%	87.3%	(11.8%)	2.2%	2.2%	29.9%
\$1 billion - \$5 billion	43	99,289	38.1%	10.9%	(14.5%)	8.6%	8.6%	23.9%
\$250 million - \$1 billion	25	14,875	22.1%	1.6%	(12.3%)	3.4%	3.4%	42.5%
\$100 million - \$250 million	4	619	3.5%	0.1%	(14.0%)	8.0%	8.0%	(31.3%)
< \$100 million	9	363	8.0%	0.0%	(12.7%)	(48.6%)	(48.6%)	(37.9%)

Healthcare Services Market Performance

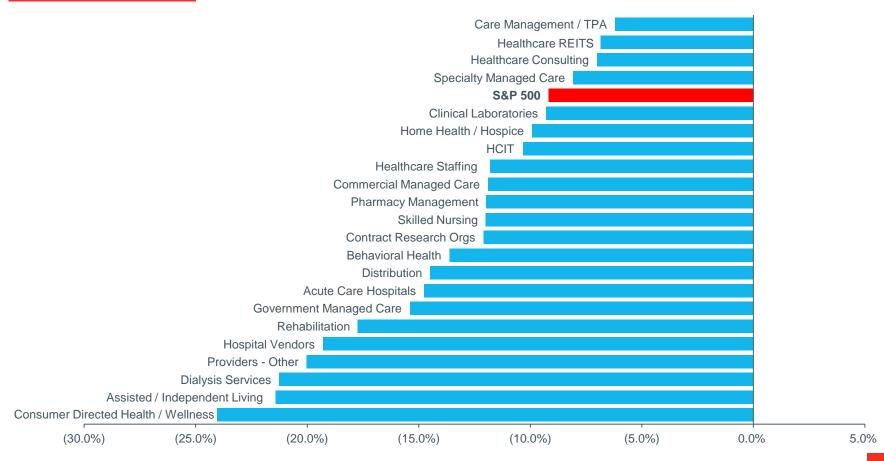
Performance of Market Indices for Latest 36 Months



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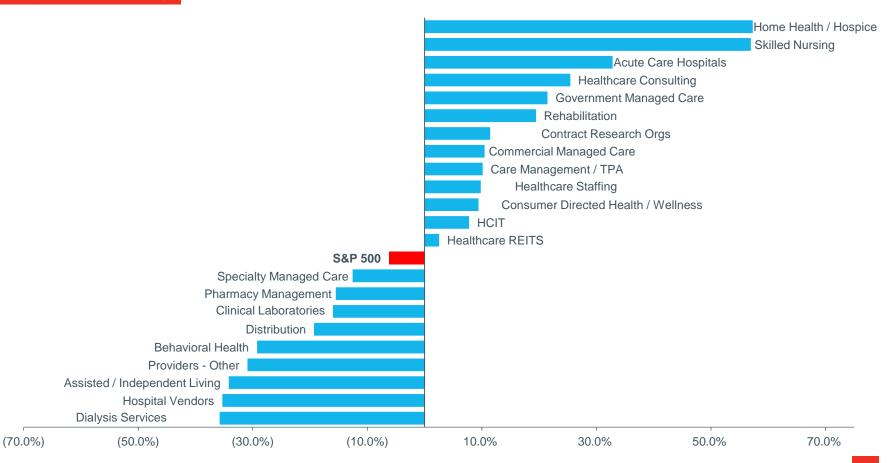
Healthcare Services Sector Change ...

Average % - 1 Month Change



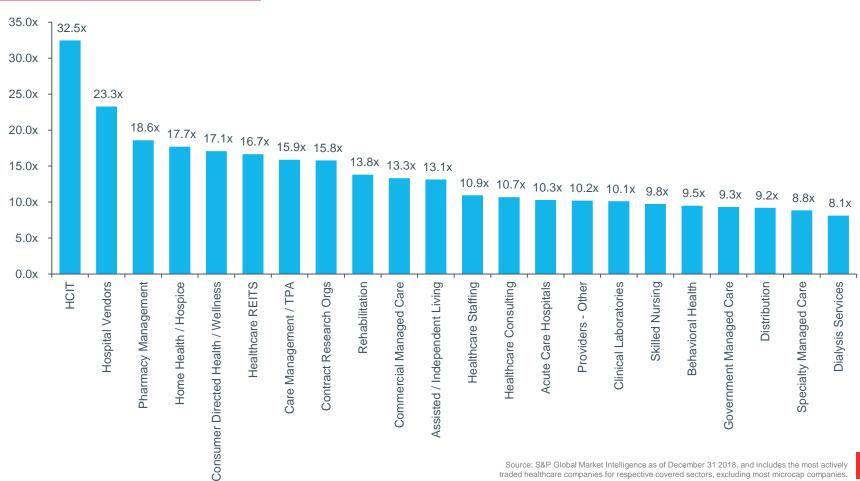
Healthcare Services Sector Change ...

Average % - 12 Month Change



Overview of Subsector EV/LTM EBITDA

Healthcare Services **Multiples**



For the detailed December trading multiples for individual healthcare services companies, please contact one of our professionals below.

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